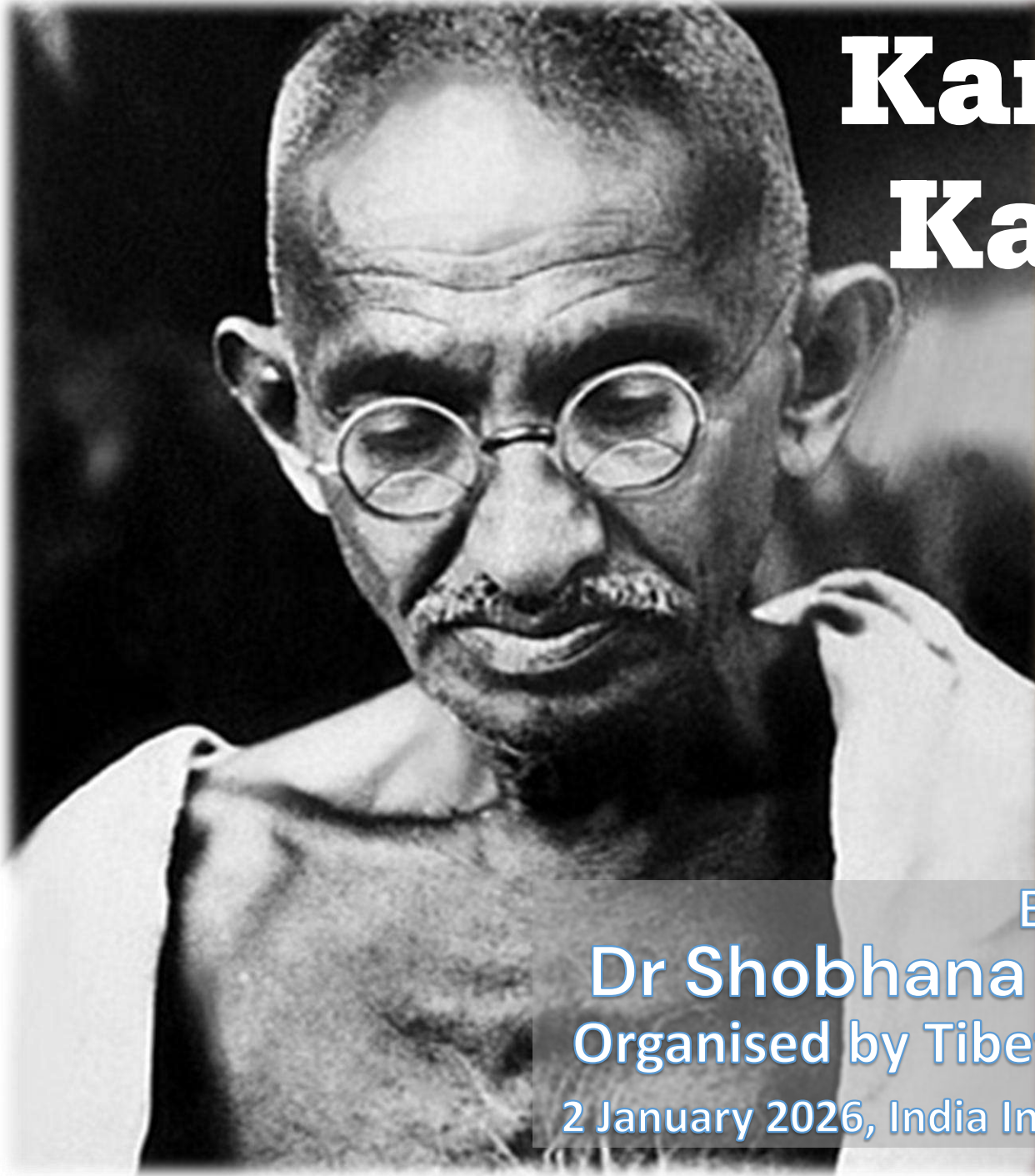


Karuna Katha



By
Dr Shobhana Radhakrishna
Organised by Tibet House, New Delhi
2 January 2026, India International Centre, Delhi

An Exclusive Event to
Commemorate the 90th birth
Anniversary of His Holiness
the Dalai Lama, as part of a
Yearlong Celebration of the
'Year of Compassion'



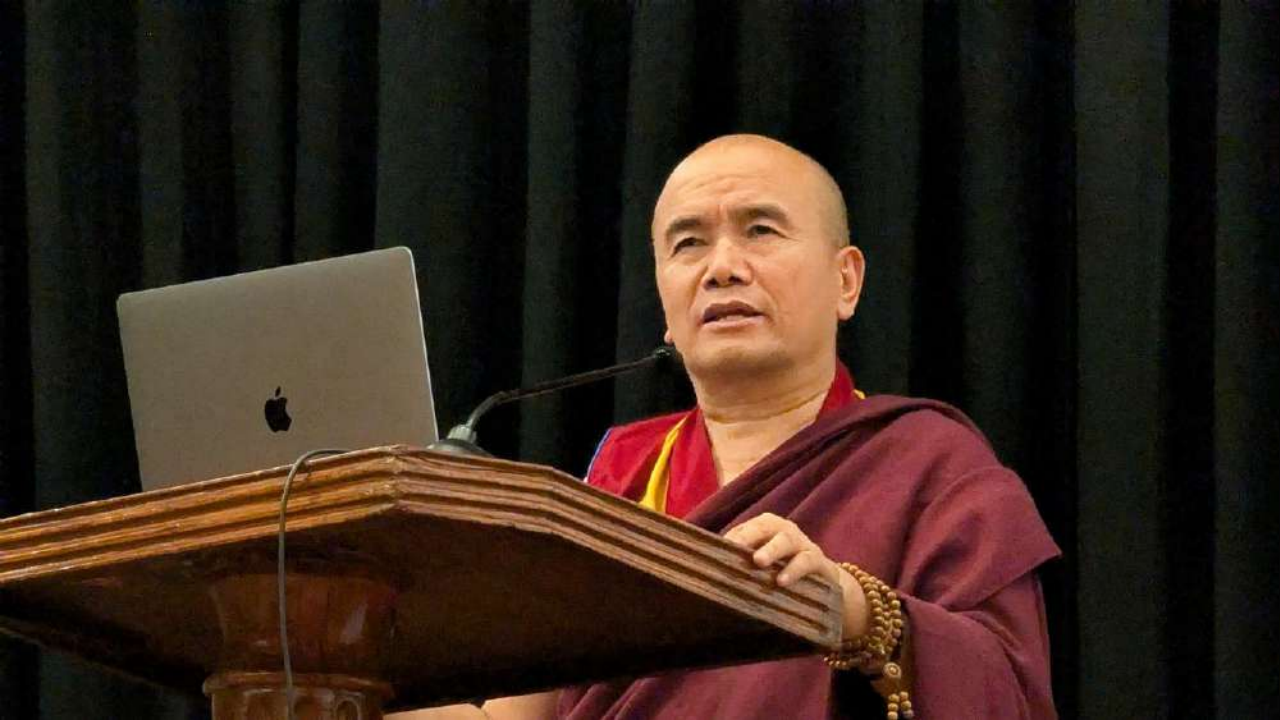


This Special Event Honors Mahatma Gandhi and His Holiness the Dalai Lama for their Lifelong Commitment to Compassion, Altruism, peace, and Ahimsa.

Karuna Katha

*'Reflection on Compassion
and Altruism in the lives of
Mahatma Gandhi and His
Holiness the Dalai Lama'*









Karuna Katha



A Prayer Composed by His Holiness Dalai Lama



Honoring and Invoking the Great Compassion of the Three Jewels; the Buddha, the Teachings, and the Spiritual Community

O Buddhas, Bodhisattvas, and disciples of the past, present, and future: Having remarkable qualities immeasurably vast as the ocean, Who regard sentient beings as your only child; Please consider the truth of my anguished pleas.

Buddha's full teachings dispel the pain of suffering and self-oriented peace; May they flourish and prosperity and happiness through-out the world. O holders of the Dharma: scholars and practitioners; May your ten-fold virtues be multiplied.

Those unrelentingly cruel ones, who are maddened by delusion's evils, may they turn to themselves and others; May they gain wisdom, knowing what must be done, and abide in the glory of friendship.



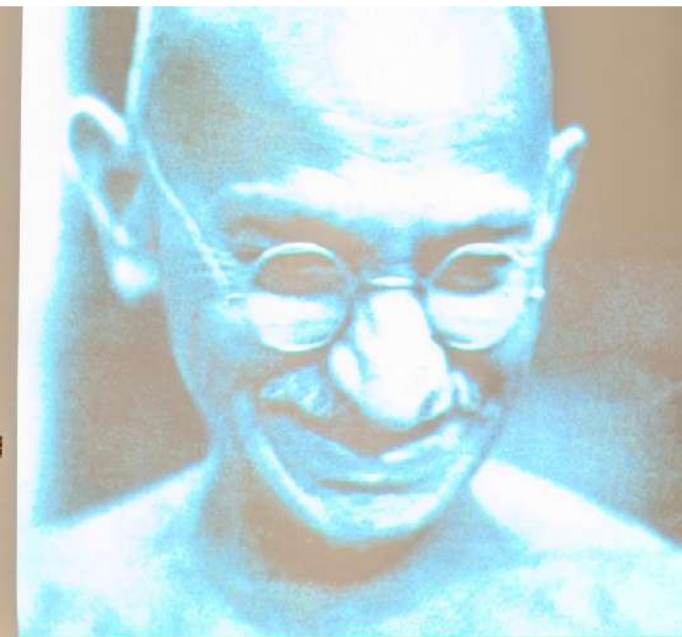
Man Vani Karam...

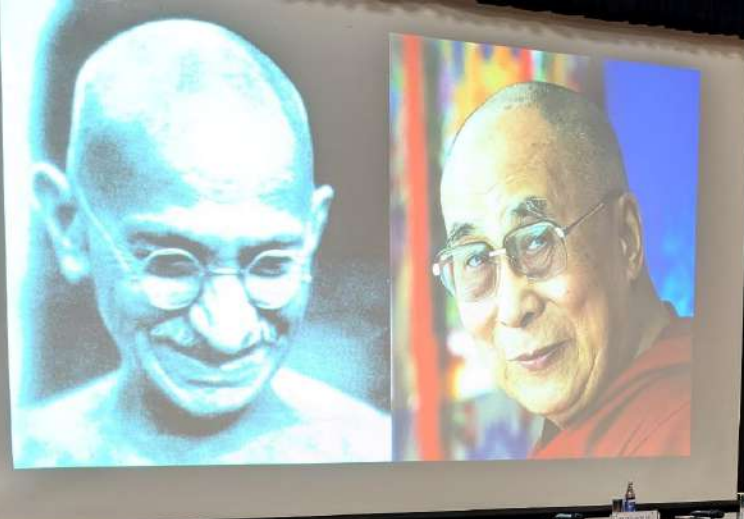


मन, वाणी, कर्म में
सत्य ही तू घोल,
जीवन में मंगल के
द्वार दे तू खोल ।

ज्ञान, कर्म, धर्म
का हो

सत्य ही
का





***“The best way to
find yourself is to
lose yourself in the
service of others.”***

~Mahatma Gandhi

***“My religion is
kindness.”***

~His Holiness the
Dalai Lama