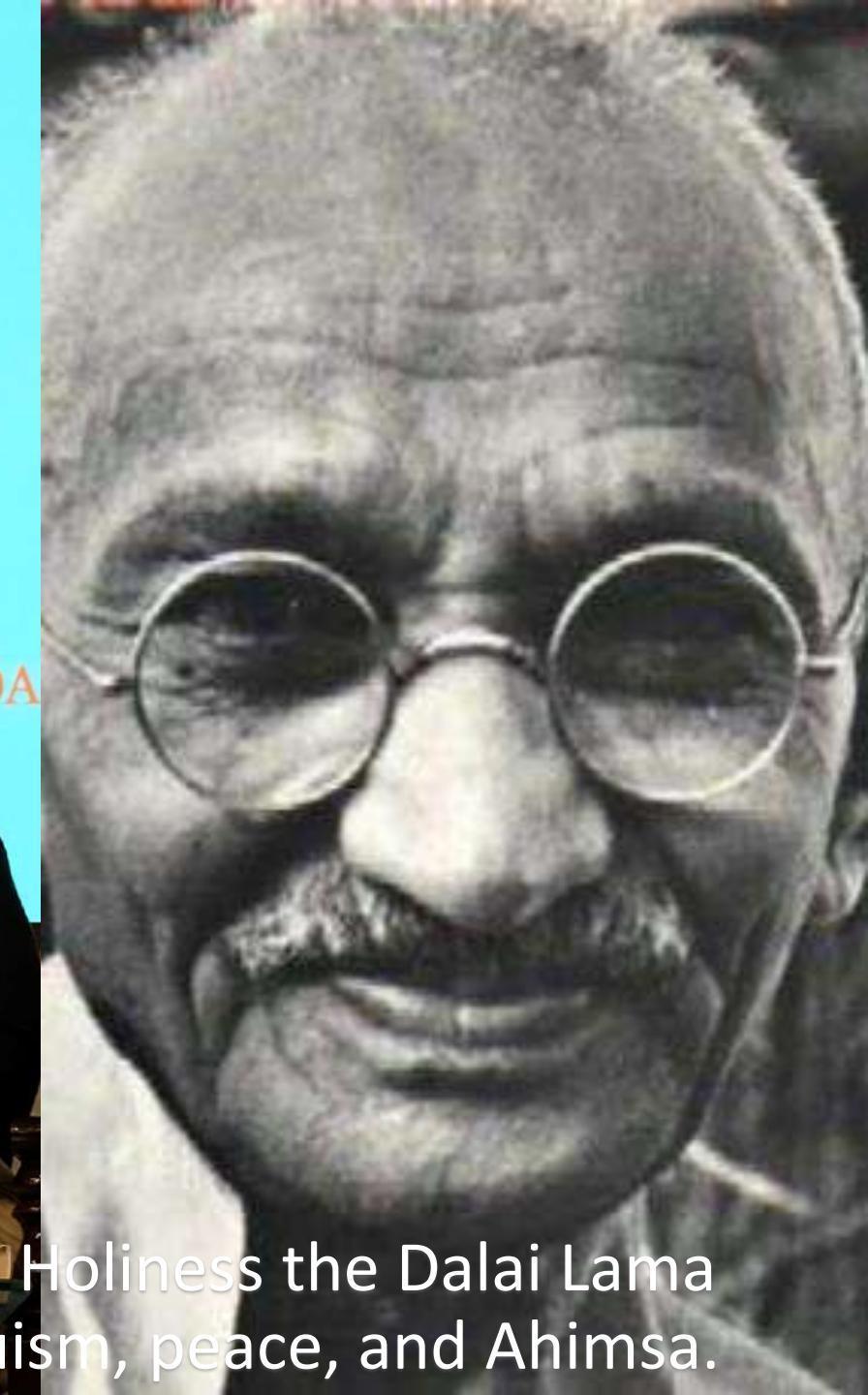
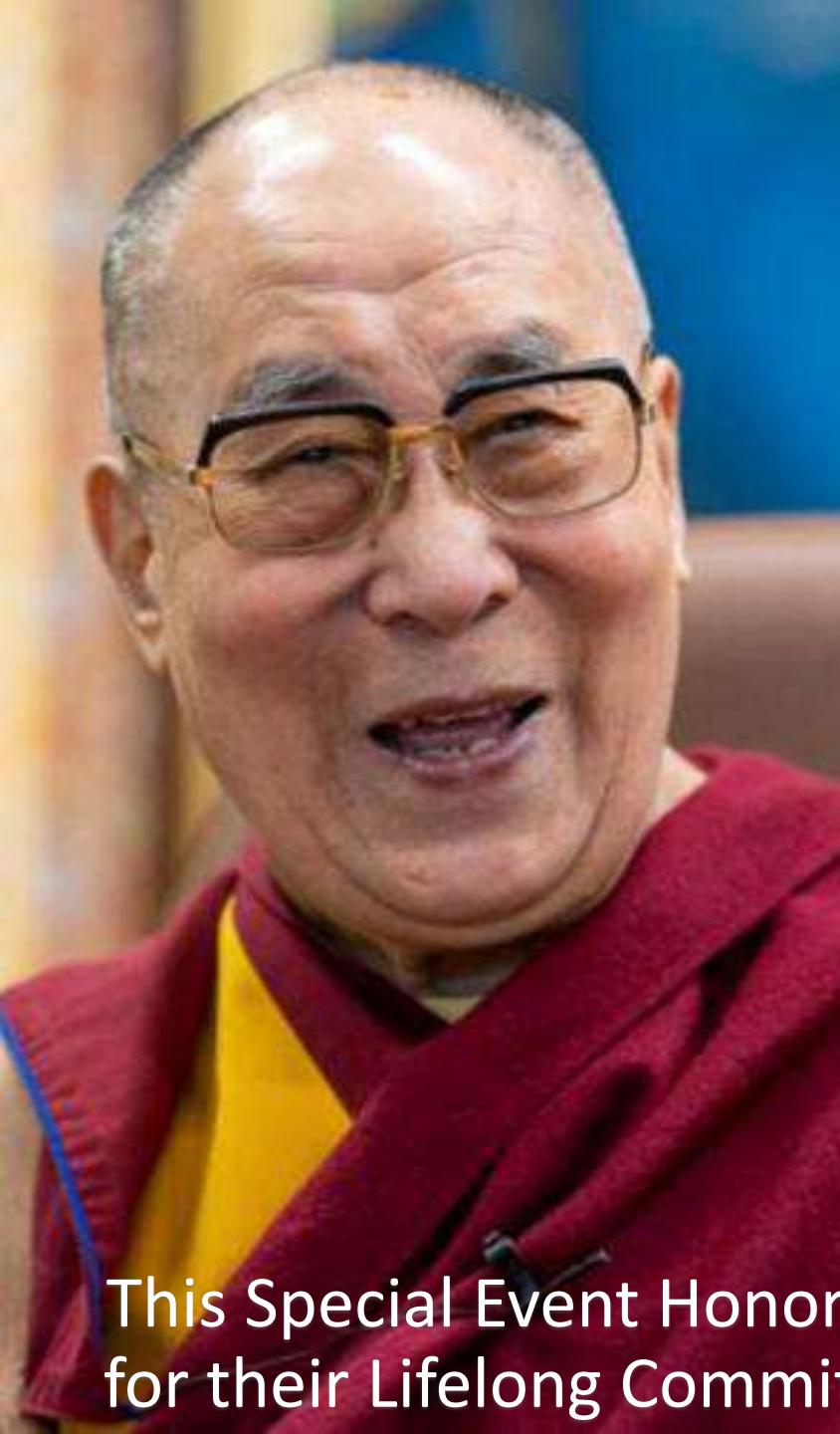


Karuna Katha

By
Dr Shobhana Radhakrishna
Organised by Tibet House, New Delhi
2 January 2026, India International Centre, Delhi

An Exclusive Event to
Commemorate the 90th birth
Anniversary of His Holiness
the Dalai Lama, as part of a
Yearlong Celebration of the
'Year of Compassion'





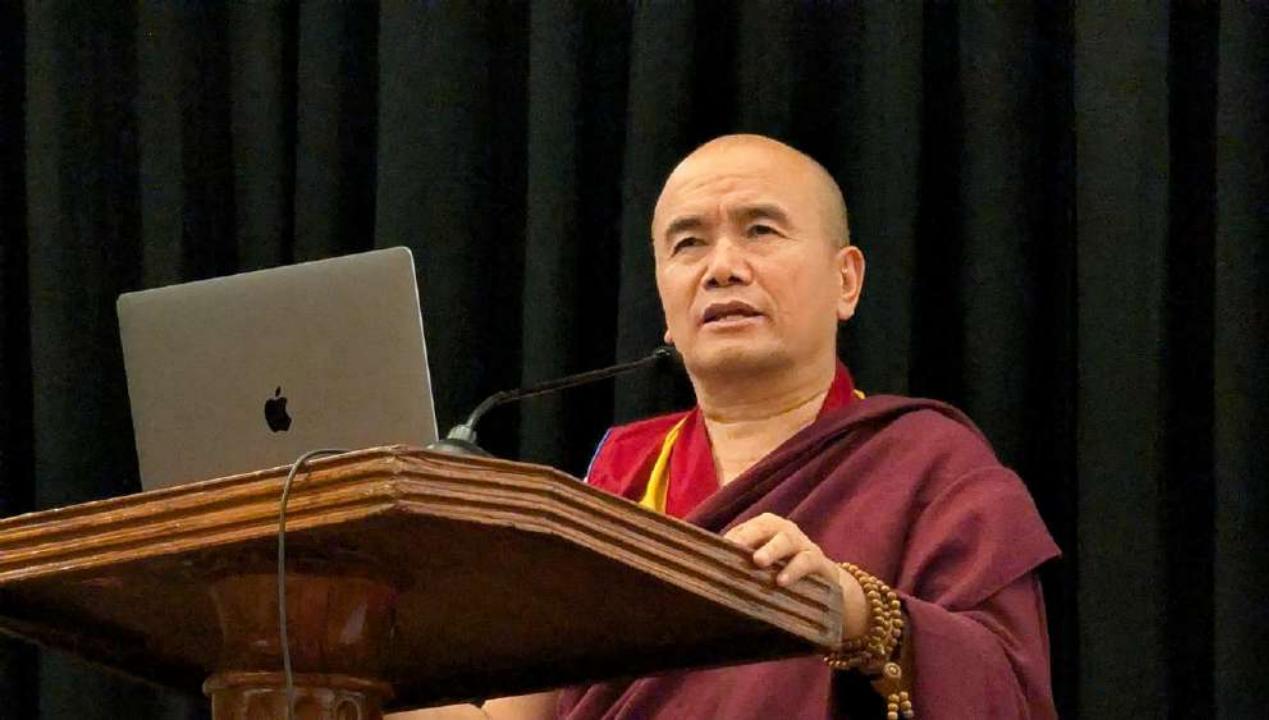
Karuna Katha

This Special Event Honors Mahatma Gandhi and His Holiness the Dalai Lama for their Lifelong Commitment to Compassion, Altruism, peace, and Ahimsa.



Karuna Katha

*'Reflection on Compassion
and Altruism in the lives of
Mahatma Gandhi and His
Holiness the Dalai Lama'*



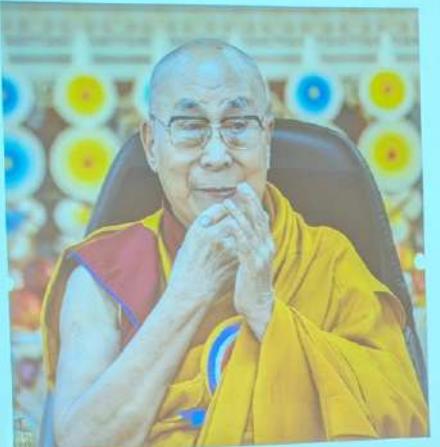




Karuna Katha



A Prayer Composed by His Holiness Dalai Lama



Honoring and Invoking the Great Compassion of the Three Jewels; the Buddha, the Teachings, and the Spiritual Community

O Buddhas, Bodhisattvas, and disciples of the past, present, and future: Having remarkable qualities immeasurably vast as the ocean, Who regard all sentient beings as your only child; Please consider the truth of my anguished pleas.

Buddha's full teachings dispel the pain of suffering and self-oriented peace; May they flourish, prosperity and happiness through-out the world. O holders of the Dharma: scholars and practitioners; May your ten-fold virtue increase.

Those unrelentingly cruel ones, please be merciful. Maddened by delusion's evils, they harm themselves and others; May they attain wisdom, knowing what must be done, and abide in the glory of friend and teacher.

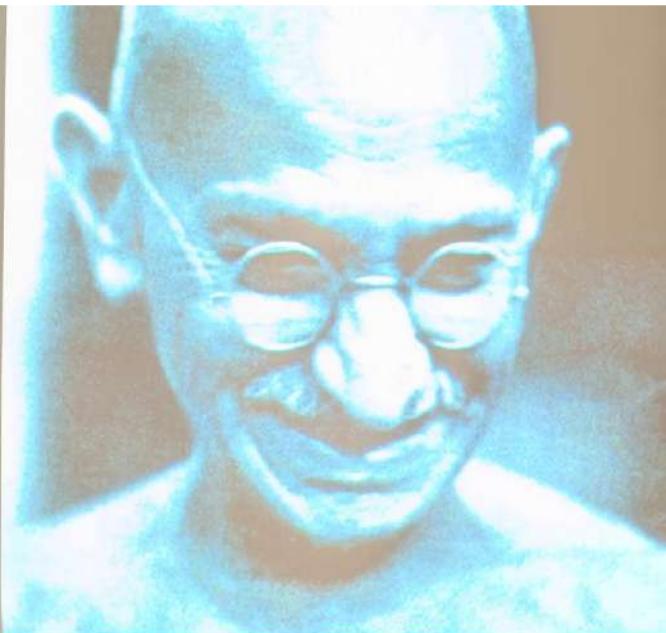


Man Vani Karam...



मन, वाणी, कर्म में
सत्य ही तू धोल,
जीवन में मंगल के
द्वार दे तू खोल !

ज्ञान, कर्म, भूमि
का हो तू धोल
सत्य का हो तू खोल





***The best way to
find yourself is to
lose yourself in the
service of others.***

~Mahatma Gandhi

***My religion is
kindness.***

~His Holiness the
Dalai Lama